

LUIS M. ESPINOZA, M.D.

EDUCATION

San Diego Arthroscopy and Sports Medicine Fellowship, San Diego, CA: 2002-2003
University of California San Diego department of Orthopaedic surgery

Louisiana State University Orthopaedic Department, New Orleans, LA: 1997-2002
ACGME accredited orthopaedic residency completed May 2002

Louisiana State University Medical School, New Orleans, LA: 1993-1997
Conferred Medical doctor Degree, May 1997.

Amherst College, Amherst, MA: 1989-1993
Graduated May 1993 with a Bachelor of Arts. Double major in Biology and Spanish Literature. Cum Laude.

Jesuit High School, Tampa, FL: 1985-1989
Graduated May 1989 Magna cum laude and member of the National Honor Society.

BOARD CERTIFICATION

American Board of Orthopedic Surgeons: Board Certified AAOS, September 2005

American Board of Orthopedic Surgeons: Sports Medicine Certification Examination, November 2007

CURRENT ORTHOPAEDIC PRACTICE

Clinical Faculty: Louisiana State University Department of Orthopaedics, August 2003-Present
New Orleans, Louisiana. Chairman: Barry Reimer MD

Private Practice: Orthopedic Center for Sports Medicine and Reconstructive Surgery, August 2003-Present
Office #1: 671 West Esplanade Ave, Suite 100, Kenner, Louisiana 70065 (504-467-5900)
Office #2: 4921 Airline Drive, Metairie, Louisiana 70001 (504-889-2663)

ORTHOPAEDIC ACTIVITIES

Orthopaedic Consultant New Orleans Zephyrs/AAA affiliate New York Mets: 2007, 2008 Seasons
Minor League Athletic Trainer, NY Mets: Brian Chicklo ATC

Orthopaedic Consultant New Orleans Zephyrs/AAA affiliate Washington Nationals: 2005, 2006 Seasons
Head Team Physician, Washington Nationals: Bruce Thomas MD
Minor League Athletic Trainer, Washington Nationals: Mike Quinn ATC

Orthopaedic Consultant New Orleans Zephyrs/ AAA affiliate Houston Astros: 2004 Season
Head Team Physician, Houston Astros: David Lintner MD
Minor League Athletic Trainer, Houston Astros: Mike Freer ATC

Tulane University School of Medicine Community Preceptor: 2008-Present

“The Masters Experience” Foot and Ankle Arthroscopy: September 13-14, 2008
- Associate Master Instructor at the AANA Learning Center. Master Instructors:
James W. Stone MD, Richard Ferkel MD, James P. Tasto MD., Alastair S. Younger MD

“The Masters Experience” Shoulder Arthroscopy: February 15-17, 2008

- Associate Master Instructor at the AANA Learning Center. Master Instructors: Richard K. N. Ryu MD, William B. Stetson MD, James C. Esch MD

“The Masters Experience” Fundamentals in Arthroscopy: #601: January 24-27th 2008

- Associate Master Instructor at the AANA Learning Center. Master Instructors: Mark Hutchinson MD, Paul Fadale MD, Daniel Feldmann MD, Robert Pedowitz MD, PhD

“The Masters Experience” Foot and Ankle Arthroscopy: September 8-9, 2007

- Associate Master Instructor at the AANA Learning Center. Master Instructors: James W. Stone MD, James P. Tasto MD., Alastair S. Younger MD

“The Masters Experience” Ankle and Foot Arthroscopy and Reconstructive Surgery: November 4-5, 2006

- Associate Master Instructor at the AANA Learning Center. Master Instructors: Richard D. Ferkel MD, James W. Stone MD, James P. Tasto MD.

San Diego International Shoulder Course: (Chairman: James Esch MD) San Diego, CA June 21-24, 2006

- Cadaver Lab instructor in the arthroscopic procedure laboratory. Twenty-third Annual San Diego Meeting. Lab Directors James C. Esch MD

“The Masters Experience” Ankle and Foot and Reconstructive Surgery: October 22-23, 2005

- Associate Master Instructor at the AANA Learning Center. Master Instructors: James W. Stone MD, James P. Tasto MD, Armen S. Kelikian MD

“The Masters Experience” Ankle and Foot Arthroscopy and Reconstructive Surgery: October 2-3, 2004

- Associate Master Instructor at the AANA Learning Center. Course #221: Master Instructors: Richard D. Ferkel MD, James W. Stone MD, James P. Tasto MD.

“The Masters Experience” Advanced Arthroscopic Shoulder Reconstruction Course: January 9-11, 2004

- Associate Master Instructor at the AANA Learning Center. Course #212: Master Instructors: James C. Esch MD, Richard K. N. Ryu MD, and Eric D. McMillan MD

Arthroscopy Association of North America Fall Meeting: New Orleans, LA November 13-16, 2003

- Alex Lab instructor in the arthroscopic procedure laboratory. Lab Directors James C. Esch MD, Steven Tradonsky MD and Stephen J. Snyder, MD

San Diego International Shoulder Course: (Chairman: James Esch M.D.) San Diego, CA July, 2003

- Alex Lab instructor in the arthroscopic procedure laboratory. Twentieth Annual San Diego Meeting. Lab Directors Robert Hunter MD and James C. Esch MD

MEDICAL SCHOOL ACTIVITIES

LSU Medical School Junior Class President: 1995-1996

AAMC-OSR Representative for LSU-New Orleans School of Medicine: 1993-1997

- LSU Medical School representative for the Association of American Medical Colleges (Organization of Student Representatives).
- **AAMC-OSR Southern Region Liaison:** 1995-96

COLLEGE ACTIVITIES

Amherst College Board of Governors Committee: 1992-1993

- Elected Vice President of the Amherst Student Government Association.

Honorary Degree Committee: 1992-1993

- Master of Ceremony for Amherst College commencement ceremony 1993.

Water Polo Team: 1989-1993

Member of two-time New England Division II and three time "Little Three Champion" water polo team.

RESEARCH EXPERIENCE

UCSD Biomechanics lab: 2002-2003

Fellowship research on the mechanical properties of various arthroscopic knots.

Louisiana State University, Orthopaedic Researcher: 1995-1997

Cadaver knee study detailing the strain patterns of the medial collateral and lateral collateral ligaments.

Smith College, Northampton, MA: 1992

Neuroscience student researcher studying the effects of the benzodiazepine, chlordiazepoxide, on the drinking rhythms of the golden Hamster.

PUBLICATIONS/HONORS

Posterior Rib Stress Fracture in Professional Baseball Pitchers

Noonan T, Sakryd G, Espinoza L, Packer D
Am J. Sports Med 2007 35:654-658

Primary Care Clinics in Office Practice: Primary Care Sports Medicine Part II

March 2005, Vol 32, Number 1

Arthroscopy Association of North America 23rd Annual Meeting: Orlando, FL April 22-25, 2004

Scientific Session Presentation: "Very Strong Sutures can Still Slip: Evaluation of Five Knot Types and Two Suture Materials for Shoulder Arthroscopy". Robert A. Pedowitz MD, Luis Espinoza MD, Gaurav Abbi BS, T. Odell BS, Andrew Mahar MS.

American Academy of Orthopaedic Surgeons Annual Meeting: March, 2004

Orthopaedic Research Society poster. Mechanical properties of varying arthroscopic knots.

Outstanding Resident Award, Aesculapian Society - Recognized April 22, 2001

Elected by students of the class of 2002 of the Louisiana State University School of Medicine for exceptional teaching, excellent example and keen interest in the welfare of the students.

Systemic Lupus Erythematosus Complicated by Necrotizing Fasciitis

Mendez E, Espinoza L, Harris M, Angulo J, Sanders C, Espinoza LR
Lupus (1999) 8, pp. 157-159

Elongation Patterns of the Collateral Ligaments of the Human Knee

Harfe D, Chuinard C, Espinoza L, Thomas K, Solomonow M.
Clinical Biomechanics Vol 13, No 3, pp. 163-175, 1998

PRESENTATIONS

LSU Health Science Center Tigercare Television Program Featured Speaker: Shoulder Injuries

New Orleans, LA February 19, 2008

Elbow Arthroscopy: Presented at 'Doctors Demystify the Elbow' Conference

New Orleans, LA February 23, 2008

Family Medicine Board Review Course: Orthopaedic Review

New Orleans, LA February 2005

Radio-Frequency Based Micro-Tenotomy: A Minimally Invasive Therapy for Tendinosis

Arthrocare Corporation featured speaker: (Tampa, FL) December 3, 2003

Arthroscopy of the Ankle & Subtalar Joint: DVD

AANA and American Orthopaedic Foot & Ankle Society
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PROFESSIONAL MEMBERSHIPS

Jefferson Parish Medical Society: 2003-Present
Louisiana Orthopaedic Association: 2003-Present
Arthroscopy Association of North America: 2002-Present
American Academy of Orthopaedic Surgeons: 1997-Present
The Aesculapian Society: 2001-Present
Association of American Medical Colleges: 1993-1997
American Medical Association: 1993-1998

PERSONAL

Spanish fluency, world travel
Special Interests: Guitar, surfing, baseball, waterpolo, weight training, basketball, swimming

Updated December 16, 2008