

# Golden Opportunity

## Monthly Newsletter

FEBRUARY 2012



**February 1 (Wednesday) – COVINGTON GO Meeting “Coffee with Christie”** ▪ 2<sup>nd</sup> floor training room ▪ 10:00 a.m. to 11:00 a.m. **Please remember to bring your FOOD BANK donations.** ▪ **RSVP REQUIRED!**



**\*\*\*\*February 6 (Monday)\*\*\*\* – SLIDELL GO Meeting “Coffee with Christie”** ▪ Ochsner Medical Center-North Shore, 100 Medical Center Drive, **Camellia Room** ▪ **1:00 p.m.** ▪ **RSVP REQUIRED!**

**February 9 (Thursday) – Pioneer Aerospace and Round Table Restaurant Bus Trip** ▪ *See how parachutes are made!* Departure from Covington at 9:15am, Return at 4:30 pm. **\$40.00pp.** Includes bus transportation, tour and lunch at the Round Table Restaurant (all you can eat food just like your grandma used to make!) Checks payable to Ochsner Health System. Based on 45 passengers. Non refundable on 2/1/12. **RSVP REQUIRED!**



**February 14 (Tuesday) Dine Around “Zea Restaurant** ▪ Take Your **Valentine** to Lunch! 110 Lake Drive, Covington (985 327-0520) 11:00 am ▪ Payment made at restaurant. **RSVP REQUIRED!**



**February 17 (Friday) DINE AROUND and MYSTERY\* MOVIE - Lunch at Santa Fe Cattle Company at Hammond Square Mall** (12:00 Noon - pay at restaurant) **and Movie at the Palace Theater 10 in Hammond** (1:45 p.m., \$5.00pp pay at the theater.) (\*Movie selection available week before). **RSVP REQUIRED!**



**HAPPY MARDI GRAS!** ▪ The GO office will be closed in observance of the “Mardi Gras” holiday on Tuesday, 2/21.

**February 28 (Tuesday) LUNCH AND LEARN “CAMELLIA GARDENING”** at the home of Bob and Erin Stroud, #2 Oak Grove Way, Slidell ▪ 11:00 a.m. A Honey Baked Ham box lunch will be served. \$10pp prepaid by 2/20. **RSVP REQUIRED!**

**February 29 (Wednesday) WELLNESS WORKSHOP “How to Improve Your Hearing”** ▪ Ochsner Health Center-Covington, 2<sup>nd</sup> floor training room ▪ 1:30 p.m. to 3:30 p.m. ▪ Rachel Giacontiere, Au.D., CCC-A will discuss hearing loss and aids. Valarie Patterson from the Deaf Action Center North Shore, Inc. will discuss and distribute equipment. **RSVP REQUIRED!**

Christie Trew, Golden Opportunity  
Ochsner Health Center Covington  
1000 Ochsner Blvd, Covington, LA. 70433  
985-875-2799, 985-875-2792 fax  
ctrew@ochsner.org



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**ANNUAL MEMBERSHIP RENEWAL DUES - \$10.00 PER PERSON / PER YEAR. Don't miss out on future activities!** Please make checks payable to Golden Opportunity. Payment can be dropped off or mailed. **In order to register and participate in GO events and trips, your membership must be up-to-date. Check your ID card for your membership expiration date.**

### **PLEASE NOTE!**

**REMINDER – You must RSVP for activities. When a fee is involved, it must be received within 5 days of making the reservation to confirm your seat. It is a good idea to check availability with the GO office before mailing a check. Please note the non refundable date for each trip noted on the flyer/newsletter. Every attempt will be made to “sell” your seat to someone on the waiting list when possible if canceled after the non refundable date noted.**

**For all events, please call the GO office as soon as possible if your plans change in order for your seat to be filled in a timely manner. Your cooperation is appreciated.**

**Reservations for future activities can be made once the information is posted...**

***Thank you!***

***Waiver: Golden Opportunity reserves the right to limit all program activity participation to members only when appropriate or when otherwise stated.***

**Now you can “view” GO Monthly Newsletters Online: [www.ochsner.org/go](http://www.ochsner.org/go)**

### **UPCOMING ACTIVITIES**

- March 23** A Day at the Races (Covington), N.O. Fairgrounds, \$52pp
- March 27** New Orleans Culinary Tour (Slidell), \$70pp
- April 11** New Orleans Culinary Tour (Covington), \$70pp

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### **DVD'S FOR CANCER SERVICES**

DVD players are available for patients during their chemotherapy sessions. The Infusion Center is accepting donations to build their library. Please drop off your DVD donations at the GO office.

***Thank you!***

### **Membership Cards:**

If you've misplaced your membership card, there is a \$5 replacement fee.

### **Membership Updates:**

**Have you changed insurance carriers this year?**

Have you updated your personal information? (home address, email address & phone numbers). Please contact our office to help us update our database with your current information.

Best Wishes,  
Christie Trew

