

Lactation Services at Ochsner

Ochsner Lactation Services provides the proper environment where mothers interested in breastfeeding their babies have the best support services available in the area. Ochsner Lactation Services provide the proper knowledge, education and tools to women interested in breastfeeding options.

Ochsner Health System is a non-profit healthcare system dedicated to patient care, research and education. The system includes eight hospitals and more than 35 health centers located throughout Southeast Louisiana. Our unique, coordinated system of neighborhood health centers puts the needs of our patients first. At Ochsner, healthcare with peace of mind can be yours.



Lactation Center
504-464-8345
ochsner.org/kenner

Are You Considering Breastfeeding?





Prenatal Breastfeeding Class

This monthly class is designed to provide detailed information on the basics of breastfeeding, in a group setting. You will learn how to begin breastfeeding while in the hospital and the correct techniques. Please call **504-464-8365** to register for a prenatal class.

Breastfeeding Supplies

Ochsner Kenner's Lactation Retail Center offers one-stop shopping for your breastfeeding needs. We offer breast pumps for rent or purchase, nursing bras and bra fittings, bra pads, breast milk bottles and freezer bags, nursing pillows and more! For more information, please call **504-464-8345**.

Breastfeeding Consultations

For those times when telephone assistance isn't enough, appointments can be made with a lactation consultant. Please call **504-464-8345** to schedule an appointment.

Telephone Warm Line

Ochsner wants to offer continued assistance and support after you are discharged from the hospital. Should you have questions or concerns about breastfeeding, please call the **Ochsner Lactation Warm Line** at **504-464-8345**. If you reach the recording, please leave a detailed message and a lactation consultant will return your call.

Prenatal Consultation

Now is the time in your pregnancy to start thinking about breastfeeding your newborn. Ochsner Lactation Services offers **FREE** personal consultations to help you with your breastfeeding concerns or questions. Our certified lactation consultants will introduce you to the principles of breastfeeding. This is also a great opportunity to be properly fitted for a nursing bra.

For those mothers who plan on returning to work or school soon after giving birth, the lactation consultants can help develop individualized plans to ensure that new mothers and their babies don't miss out on the opportunity to breastfeed. Please call **504-464-8345** to schedule your prenatal consultation.

In-Hospital Assistance

Following your baby's birth, you will be visited by our certified lactation consultants. They will work with you as you begin to breastfeed and make sure you feel comfortable when you are ready to go home with your newborn.

