

Ochsner Medical Center

Prenatal Class Schedule January – June 2012

All Classes will be held in Monroe Hall from 7:30pm-9:30pm at Ochsner Medical Center located at 1514 Jefferson Highway.

- Monroe Hall is located on the 1st floor of the hospital, near the Southport Cafeteria.
- Family and friends are welcome to join Mom for class.
- Tours of the units are given at the end of each class.
- All classes are free. Questions: Jenifer Ducoing, RNC jducoing@ochsner.org

Class 1 - Delivery Part I

Pregnancy, when to go to the hospital, and vaginal birth

Tuesday, January 3
Tuesday, January 31
Tuesday, March 6
Tuesday, April 3
Tuesday, May 1
Tuesday, June 5

Class 2 – Delivery Part II

Medical interventions, epidurals, and C- Sections

Tuesday, January 10
Tuesday, February 7
Tuesday, March 13
Tuesday, April 10
Tuesday, May 8
Tuesday, June 12

Class 3 – Post Partum & Baby Safety

Care of new moms after delivery and newborn safety information

Tuesday, January 17
Tuesday, February 14
Tuesday, March 20
Tuesday, April 17
Tuesday, May 15
Tuesday, June 19

Class 4 – Newborn Care

Care of your baby in the hospital and when you get home

Tuesday, January 24
Tuesday, February 28
Tuesday, March 27
Tuesday, April 24
Tuesday, May 22
Tuesday, June 26

Registration NOT required.