

Lactation Services at Ochsner

Ochsner is devoted to creating an environment where mothers interested in breastfeeding their babies have the best support services available in the area. Ochsner Lactation Services provide the proper knowledge, education and tools to women interested in breastfeeding options.

Ochsner Health System is a non-profit healthcare system dedicated to patient care, research and education. The system includes seven hospitals and 25 health centers located throughout Southeast Louisiana. Our unique, coordinated system of neighborhood health centers puts the needs of our patients first. At Ochsner, healthcare with peace of mind can be yours.



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Are You Considering Breastfeeding?



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Prenatal Education Classes

Now is the time in your pregnancy to start thinking about breastfeeding your newborn. Ochsner Lactation Services offer prenatal education classes to help you with your breastfeeding concerns and questions. Our nurses who are certified lactation consultants will introduce you to the principals of breastfeeding.

This monthly class is designed to provide detailed information on the basics of breastfeeding. In a group setting you will learn the correct techniques for breastfeeding, and how to begin breastfeeding while in the hospital. Please call 504-391-5529 to register for a prenatal education class. If you have a new-born size doll that will help during demonstrations, please bring it along. If not, one will be provided for you.

In-Hospital Assistance Evaluation

All mothers will be visited by our certified lactation consultants following your baby's birth. Individual plans will be developed to ensure that you and your baby don't miss out on the opportunity to breastfeed. Consultants will also work with you to make certain that the proper techniques are being used so that you are getting the most out of your breastfeeding experience. Please call 504-391-5246 to speak with a Lactation Consultant on duty.

Breastfeeding Supplies

Lactation Services can help mothers-to-be pick out the best breastfeeding equipment. Breast pumps, pads and various other supplies needed for in-hospital breastfeeding and at home are available through Lactation Services. Please call 504-391-5246 or 504-842-5210.

Telephone Warm Line

New mothers never know when they are going to have questions about breastfeeding. Babies are fed at all hours of the day and night. To alleviate your concerns, the Ochsner Lactation Warm Line is available.

During normal business hours please call 391-5246 and ask for the Lactation Consultant on duty.

If you need assistance after hours please call 391-5195 and leave a detailed message. One of Ochsner's Lactation Consultants will return your call the following day.

If you are experiencing an emergency, please call the OB/GYN unit at 391-5246 and one of the nurses on duty may be able to assist you.

Additional Lactation Support

Should you need additional resources or support, Lactation Services at Ochsner Medical Center on Jefferson Highway is available to you. Please call 504-842-5210 and one of our Lactation Consultants will assist you.

